



# CITB Site Supervision Safety Training Scheme

(SSSTS)



#### Introduction

The Site Supervision Safety Training Scheme introduces site supervisors to their legal responsibilities regarding health, safety, welfare and environmental issues. Delegates will also learn how to implement health and safety measures to meet these legal responsibilities.



## **Course Duration**

SSG offer this course over two days as a classroom or virtual course.



### **Course Attendees**

This course is intended for first line managers or those who have or are about to acquire supervisory responsibilities.

#### Note

Delegates must be competent in English at supervisor level to complete this course.



## Course Programme

Completion of this course will enable delegates to:

- Understand the problems within the construction industry
- Explain how health and safety law is structured and how it applies to supervisors
- · Identify how the supervisory role fits with the management structure in controlling site health and safety
- · Carry out risk assessments and method statements
- · Carry out effective site inductions, toolbox talks and method statement briefings
- Monitor site activities effectively
- Understand the importance of timely intervention when bad practices are identified

The course will cover the following modules:

#### Module 1:

- Health and safety law
- · Construction (Design and Management) regulations
- · Health and safety management systems
- Risk assessments and method statements



- · Statutory inspections and checks
- · Reporting accidents, injuries and ill health
- · Leadership and worker engagement

#### Module 2:

- Health and welfare of the workforce
- First aid emergency procedures
- Hazardous substances
- Asbestos, dust and fumes, noise and vibration, and manual handling

#### Module 3:

- Site setup and security
- · Fire prevention and control
- Electricity
- · Plant and work equipment
- Lifting operations and equipment

#### Module 4:

- Working at height
- Excavations
- Underground and overhead services
- Confined spaces
- · Temporary works

#### Module 5:

- Environmental awareness
- Pollution
- Waste materials
- Nuisance



## Training Certification and Assessment

Delegates will be assessed through a case study exercise and toolbox talk, as well as a multiple choice / written exam paper at the end of the course. Successful delegates will receive a CITB certificate valid for five years, renewed by attending a one-day refresher course.



## Suggested Follow on and Complementary Courses

- CITB Management Safety Training Scheme
- First Aid at Work